**The majority of the resources that follow were provided by Survivor Advisory Committee member Jennifer. She offers them as a way for you to understand you are not alone and that there is hope. We are always looking for additional resources for survivors. If you have found any that are particularly helpful, please contact us at eyesupappalachia@yahoo.com and we will share them here.**

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Books That Help Understand and Heal

1.  Invading the Darkness, by Linda Smith

<https://www.amazon.com/Invading-Darkness-Historic-Against-Trafficking/dp/0989645150>

2.  A Way Out, From Darkness to Light, by Survivors of Sex Trafficking

<https://www.amazon.com/WAY-OUT-TESTIMONIES-SURVIVORS-TRAFFICKING/dp/1734554304>

3.  The Realities of Human Trafficking, by Ruth Rondon

<https://www.amazon.com/Realities-Human-Trafficking-Inside-Freedom/dp/1723917931>

4.  Renting Lacy, by Linda Smith

<https://www.amazon.com/Renting-Lacy-Americas-Prostituted-Children/dp/0976559463>

5.  And He Called Me Angel, by Angel Meyers

<https://www.amazon.com/called-Angel-story-Trafficking-Survivor/dp/1496967275>

6.  The White Umbrella, by Mary Bowley

<https://www.amazon.com/White-Umbrella-Walking-Survivors-Trafficking/dp/0802408591>

7.  The Pursuit of Love, by Rebecca Bender

<https://www.amazon.com/Pursuit-Love-Journey-Trafficked-Triumphant/dp/0310356857>

8.  Free Cyntoia, by Cyntoia Brown-Long

<https://www.amazon.com/Free-Cyntoia-Search-Redemption-American/dp/1982141107>

9.  Leaving The Life, by Jessa Dillow Crisp

<https://www.amazon.com/Leaving-Life-Embracing-Freedom-Exploitation/dp/0998980048>

10.  From Trafficked to Treasured, by Kelly Patterson

<https://www.amazon.com/dp/099809093X/?coliid=I2UFGE14Q13GOR&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

11.  When Angels Fight, by Leslie King

<https://www.amazon.com/dp/0825446899/?coliid=I9S1MZCK6T0HG&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

12.  What They Couldn't Take, A Memoir of Survival from Familial Sex Trafficking, by Adira James

<https://www.amazon.com/dp/B09PW7LWTX/?coliid=IIC3Y4DWSNW0H&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

13.  The Long Shadow of Darkness: A Season of Remembering and Healing, by Jody and Vicki Dalia

<https://www.amazon.com/dp/1625861346/?coliid=I13055YRDPFAJL&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

14.  God in a Brothel: And Undercover Journey Into Sex Trafficking and Rescue, by Daniel Walker

<https://www.amazon.com/dp/0830838066/?coliid=I22LSOCMJMGVJP&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

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15. What Happened to Me?: Healing for Sex Trafficking Survivors by Toni McKinley

[https://www.amazon.com/What-Happened-Healing-Trafficking-Survivors/dp/1710324449/ref=sr\_1\_1?crid=3UXIPI3DIEKZ0&keywords=What+Happened+to+Me%3F%3A+Healing+for+Sex+Trafficking+Survivors+by+Toni+McKinley&qid=1665859992&qu=eyJxc2MiOiItMC4wMiIsInFzYSI6IjAuMDAiLCJxc3AiOiIwLjAwIn0%3D&s=books&sprefix=what+happened+to+me+healing+for+sex+trafficking+survivors+by+toni+mckinley%2Cstripbooks%2C89&sr=1-1](https://www.amazon.com/What-Happened-Healing-Trafficking-Survivors/dp/1710324449/ref%3Dsr_1_1?crid=3UXIPI3DIEKZ0&keywords=What+Happened+to+Me%3F%3A+Healing+for+Sex+Trafficking+Survivors+by+Toni+McKinley&qid=1665859992&qu=eyJxc2MiOiItMC4wMiIsInFzYSI6IjAuMDAiLCJxc3AiOiIwLjAwIn0%3D&s=books&sprefix=what+happened+to+me+healing+for+sex+trafficking+survivors+by+toni+mckinley%2Cstripbooks%2C89&sr=1-1)

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16. My Name is Mila: My Story of Surviving Familial Sex Trafficking by Mila Brown

[https://www.amazon.com/My-Name-Mila-Surviving-Trafficking/dp/B08Y4HBFDP/ref=sr\_1\_1?crid=D5Y2Q4NL40WI&keywords=my+name+is+mila&qid=1665859733&qu=eyJxc2MiOiIwLjAwIiwicXNhIjoiMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&s=books&sprefix=my+name+is+mila%2Cstripbooks%2C74&sr=1-1](https://www.amazon.com/My-Name-Mila-Surviving-Trafficking/dp/B08Y4HBFDP/ref%3Dsr_1_1?crid=D5Y2Q4NL40WI&keywords=my+name+is+mila&qid=1665859733&qu=eyJxc2MiOiIwLjAwIiwicXNhIjoiMC4wMCIsInFzcCI6IjAuMDAifQ%3D%3D&s=books&sprefix=my+name+is+mila%2Cstripbooks%2C74&sr=1-1)

Books on Sexual Abuse/Incest

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1.  Healing the Trauma of Childhood Sexual Abuse, by Karen Duncan

<https://www.amazon.com/Healing-Trauma-Childhood-Sexual-Abuse/dp/0313363218?asin=0313363218&revisionId=&format=4&depth=1>

2.  Healing Sexual Trauma Workbook, by Erika Shershun

[https://www.amazon.com/Healing-Sexual-Trauma-Workbook-Boundaries/dp/168403650X/ref=pd\_lpo\_3?pd\_rd\_i=168403650X&psc=1](https://www.amazon.com/Healing-Sexual-Trauma-Workbook-Boundaries/dp/168403650X/ref%3Dpd_lpo_3?pd_rd_i=168403650X&psc=1)

3.  The Courage to Heal, by Laura Davis and Ellen Bass

[https://www.amazon.com/Courage-Heal-Survivors-Sexual-Anniversary/dp/0061284335/ref=pd\_lpo\_1?pd\_rd\_i=0061284335&psc=1](https://www.amazon.com/Courage-Heal-Survivors-Sexual-Anniversary/dp/0061284335/ref%3Dpd_lpo_1?pd_rd_i=0061284335&psc=1)

4.  Secret Survivors: Uncovering Incest and it's After Effects, by E. Sue Bloom

[https://www.amazon.com/Secret-Survivors-Uncovering-Incest-Aftereffects/dp/0345419456/ref=msx\_wsirn\_v1\_1/131-8617851-6161942?pd\_rd\_w=khbRT&pf\_rd\_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf\_rd\_r=X856F7Y6D7XC0QHVPJVX&pd\_rd\_r=f2f4d064-bc47-4bf7-aadf-137af2becf2d&pd\_rd\_wg=KmSiS&pd\_rd\_i=0345419456&psc=1](https://www.amazon.com/Secret-Survivors-Uncovering-Incest-Aftereffects/dp/0345419456/ref%3Dmsx_wsirn_v1_1/131-8617851-6161942?pd_rd_w=khbRT&pf_rd_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf_rd_r=X856F7Y6D7XC0QHVPJVX&pd_rd_r=f2f4d064-bc47-4bf7-aadf-137af2becf2d&pd_rd_wg=KmSiS&pd_rd_i=0345419456&psc=1)

5.   Silently Seduced: When Parents Make their Children Partners, by Kenneth Adams

<https://www.thriftbooks.com/w/silently-seduced-when-parents-make-their-children-partners---understanding-covert-incest_kenneth-adams/277525/?resultid=187a4cd7-98e4-405a-8aef-a8329c5450ff#edition=6735566&idiq=4463449>

6. The Emotional Incest Syndrome, by Patricia Love

<https://www.thriftbooks.com/w/the-emotional-incest-syndrome-what-to-do-when-a-parents-love-rules-your-life_jo-robinson_patricia-love/249880/?resultid=7c3a66e4-2718-4d4c-8344-4c7d87b0dcb6#edition=2411166&idiq=2128020>

7.  Reach for the Rainbow; Advanced Healing for Survivors of Sexual Abuse, by Lynne Finney

[https://www.amazon.com/gp/product/0399517456/ref=x\_gr\_w\_bb\_sout?ie=UTF8&tag=x\_gr\_w\_bb\_sout-20&linkCode=as2&camp=1789&creative=9325&creativeASIN=0399517456&SubscriptionId=1MGPYB6YW3HWK55XCGG2](https://www.amazon.com/gp/product/0399517456/ref%3Dx_gr_w_bb_sout?ie=UTF8&tag=x_gr_w_bb_sout-20&linkCode=as2&camp=1789&creative=9325&creativeASIN=0399517456&SubscriptionId=1MGPYB6YW3HWK55XCGG2)

8.  Voices in the Night, Toni McNaron

[https://www.amazon.com/Voices-Night-Women-Speaking-Incest/dp/0939416026/ref=sr\_1\_1?keywords=voices+in+the+night+yarrow+morgan&qid=1639015588&s=books&sr=1-1](https://www.amazon.com/Voices-Night-Women-Speaking-Incest/dp/0939416026/ref%3Dsr_1_1?keywords=voices+in+the+night+yarrow+morgan&qid=1639015588&s=books&sr=1-1)

9.  Switching Time, by Richard Baer

<https://www.amazon.com/Switching-Time-Harrowing-Treating-Personalities/dp/1400154758>

10.  When Rabbit Howls, by Truddi Chase

[https://www.amazon.com/When-Rabbit-Howls-Truddi-Chase/dp/0515103292/ref=pd\_sbs\_2/131-8617851-6161942?pd\_rd\_w=Xxt5O&pf\_rd\_p=690958f6-2825-419e-9c16-73ffd4055b65&pf\_rd\_r=SQZVPDER66R2SGXM1Z8D&pd\_rd\_r=0cac8597-52ea-4357-bce8-8e8054c17d94&pd\_rd\_wg=qviiG&pd\_rd\_i=0515103292&psc=1](https://www.amazon.com/When-Rabbit-Howls-Truddi-Chase/dp/0515103292/ref%3Dpd_sbs_2/131-8617851-6161942?pd_rd_w=Xxt5O&pf_rd_p=690958f6-2825-419e-9c16-73ffd4055b65&pf_rd_r=SQZVPDER66R2SGXM1Z8D&pd_rd_r=0cac8597-52ea-4357-bce8-8e8054c17d94&pd_rd_wg=qviiG&pd_rd_i=0515103292&psc=1)

11.  A Fractured Mind, by Robert Oxnam

[https://www.amazon.com/Fractured-Mind-Multiple-Personality-Disorder/dp/1401308686/ref=pd\_sbs\_1/131-8617851-6161942?pd\_rd\_w=Xxt5O&pf\_rd\_p=690958f6-2825-419e-9c16-73ffd4055b65&pf\_rd\_r=SQZVPDER66R2SGXM1Z8D&pd\_rd\_r=0cac8597-52ea-4357-bce8-8e8054c17d94&pd\_rd\_wg=qviiG&pd\_rd\_i=1401308686&psc=1](https://www.amazon.com/Fractured-Mind-Multiple-Personality-Disorder/dp/1401308686/ref%3Dpd_sbs_1/131-8617851-6161942?pd_rd_w=Xxt5O&pf_rd_p=690958f6-2825-419e-9c16-73ffd4055b65&pf_rd_r=SQZVPDER66R2SGXM1Z8D&pd_rd_r=0cac8597-52ea-4357-bce8-8e8054c17d94&pd_rd_wg=qviiG&pd_rd_i=1401308686&psc=1)

12.  The Dissociative Disorder Sourcebook, by Deborah Bray Bray Haddock

[https://www.amazon.com/Dissociative-Identity-Disorder-Sourcebook-Sourcebooks/dp/0737303948/ref=pd\_bxgy\_img\_2/131-8617851-6161942?pd\_rd\_w=tF7VA&pf\_rd\_p=c64372fa-c41c-422e-990d-9e034f73989b&pf\_rd\_r=3R9ESXSQ4YXE9MAT9KHT&pd\_rd\_r=9eb73908-0e47-4221-aebb-dee1d053d04d&pd\_rd\_wg=CKiUv&pd\_rd\_i=0737303948&psc=1](https://www.amazon.com/Dissociative-Identity-Disorder-Sourcebook-Sourcebooks/dp/0737303948/ref%3Dpd_bxgy_img_2/131-8617851-6161942?pd_rd_w=tF7VA&pf_rd_p=c64372fa-c41c-422e-990d-9e034f73989b&pf_rd_r=3R9ESXSQ4YXE9MAT9KHT&pd_rd_r=9eb73908-0e47-4221-aebb-dee1d053d04d&pd_rd_wg=CKiUv&pd_rd_i=0737303948&psc=1)

13.  Finding Angela Shelton, by Angela Shelton

[https://www.amazon.com/Finding-Angela-Shelton-recovered-violence/dp/1453836365/ref=sr\_1\_1?keywords=angela+shelton&qid=1639015960&s=books&sr=1-1](https://www.amazon.com/Finding-Angela-Shelton-recovered-violence/dp/1453836365/ref%3Dsr_1_1?keywords=angela+shelton&qid=1639015960&s=books&sr=1-1)

14.  Miss America by Day, by Marilyn Van Derbur

[https://www.amazon.com/Miss-America-Day-Betrayals-Unconditional/dp/1935689517/ref=sr\_1\_1?crid=1OR91Y3RXWXT1&keywords=marilyn+van+derbur&qid=1639016017&s=books&sprefix=marilyn+van+der%2Cstripbooks%2C148&sr=1-1](https://www.amazon.com/Miss-America-Day-Betrayals-Unconditional/dp/1935689517/ref%3Dsr_1_1?crid=1OR91Y3RXWXT1&keywords=marilyn+van+derbur&qid=1639016017&s=books&sprefix=marilyn+van+der%2Cstripbooks%2C148&sr=1-1)

15.  Traumatic Stress, by Bessel Van Der Kolk

[https://www.amazon.com/Traumatic-Stress-Effects-Overwhelming-Experience/dp/157230457X/ref=sr\_1\_4?keywords=bessel+van+der+kolk&qid=1639016139&s=books&sr=1-4](https://www.amazon.com/Traumatic-Stress-Effects-Overwhelming-Experience/dp/157230457X/ref%3Dsr_1_4?keywords=bessel+van+der+kolk&qid=1639016139&s=books&sr=1-4)

16.  In an Unspoken Voice, by Peter Levine

[https://www.amazon.com/Unspoken-Voice-Releases-Restores-Goodness/dp/1556439431/ref=sr\_1\_19?keywords=bessel+van+der+kolk&qid=1639016300&s=books&sr=1-19](https://www.amazon.com/Unspoken-Voice-Releases-Restores-Goodness/dp/1556439431/ref%3Dsr_1_19?keywords=bessel+van+der+kolk&qid=1639016300&s=books&sr=1-19)

17.  The Body Keeps the Score, by Bessel Van Der Kolk

[https://www.amazon.com/Body-Keeps-Score-Healing-Trauma/dp/0143127748/ref=sr\_1\_16?keywords=gabor+mate&qid=1639016443&s=books&sr=1-16](https://www.amazon.com/Body-Keeps-Score-Healing-Trauma/dp/0143127748/ref%3Dsr_1_16?keywords=gabor+mate&qid=1639016443&s=books&sr=1-16)

18.  The Best Kept Secret, by Florence Rush

<https://www.amazon.com/Best-Kept-Secret-Sexual-Children/dp/0130747815>

19.  Repressed Memories, by Renee Fredrickson

[https://www.amazon.com/Repressed-Memories-Recovery-Fireside-Parkside/dp/067176716X/ref=sr\_1\_16?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw\_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370\_10165835&keywords=sexual+abuse+recovery+books&qid=1639016938&sr=8-16](https://www.amazon.com/Repressed-Memories-Recovery-Fireside-Parkside/dp/067176716X/ref%3Dsr_1_16?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370_10165835&keywords=sexual+abuse+recovery+books&qid=1639016938&sr=8-16)

20.  Victims No Longer (for male survivors), by Mike Lew

[https://www.amazon.com/Victims-No-Longer-Classic-Recovering/dp/006053026X/ref=sr\_1\_14?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw\_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370\_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-14](https://www.amazon.com/Victims-No-Longer-Classic-Recovering/dp/006053026X/ref%3Dsr_1_14?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-14)

21. Beyond Surviving, by Rachel Grant

[https://www.amazon.com/Beyond-Surviving-Final-Recovery-Sexual/dp/147594652X/ref=sr\_1\_15?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw\_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370\_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-15](https://www.amazon.com/Beyond-Surviving-Final-Recovery-Sexual/dp/147594652X/ref%3Dsr_1_15?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-15)

22.  Daybreak: Daily Meditations, by Maureen Brady

[https://www.amazon.com/Daybreak-Meditations-Women-Survivors-Sexual/dp/0894867598/ref=sr\_1\_30?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw\_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370\_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-30](https://www.amazon.com/Daybreak-Meditations-Women-Survivors-Sexual/dp/0894867598/ref%3Dsr_1_30?gclid=Cj0KCQiAzMGNBhCyARIsANpUkzNBirVka6lf95xppVCnbVnPVSzk6PYKkvV5l0TKNsS2nTTZAglM-x8aAsVdEALw_wcB&hvadid=531956664678&hvdev=c&hvlocphy=9009690&hvnetw=g&hvqmt=b&hvrand=6323124694068228870&hvtargid=kwd-540672893499&hydadcr=20370_10165835&keywords=sexual+abuse+recovery+books&qid=1639017067&sr=8-30)

23.  Above His Shoulders, by Dan Williams

<https://www.amazon.com/dp/143273749X/?coliid=I3CFLGQX91NF1J&colid=18UFXWAWHZ5R8&psc=0&ref_=lv_ov_lig_dp_it>

24.  Will and Testament, by Vigdis Hjorth

<https://www.amazon.com/dp/178873310X/?coliid=I23DC4DUQJ7CS6&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

25.  Surviving with Serenity Daily Meditations, by T. Thomas

<https://www.amazon.com/dp/1558740678/?coliid=I3AB8ZU9VZZJMH&colid=18UFXWAWHZ5R8&psc=0&ref_=lv_ov_lig_dp_it>

26.  PTSD: Time to Heal, by Cathy O'Brien

<https://www.amazon.com/dp/0692776419/?coliid=I2YKIO82OIK2FL&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

27.  Father-Daughter Incest, by Judith Herman

<https://www.thriftbooks.com/w/father-daughter-incest-with-a-new-afterword_judith-lewis-herman/329097/#edition=2266563&idiq=47419896>

28.  Reclaiming Our Days, by Helena See

<https://www.thriftbooks.com/w/reclaiming-our-days-meditations-for-incest-survivors-a-firesideparkside-meditation-book_helena-see/544003/#edition=2259993>

29.  Trauma and Recovery, by Judith Herman

<https://www.amazon.com/Trauma-Recovery-Aftermath-Violence-Political/dp/0465087302>

30. The Rescued Soul, by Christina Enevoldsen

<https://www.amazon.com/Rescued-Soul-Writing-Journey-Betrayal/dp/0692342915>

31.  The Betrayal Bond, by Patrick Carnes

<https://www.amazon.com/Betrayal-Bond-Breaking-Exploitive-Relationships/dp/0757318231>

32.  Healing the Incest Wound, by Christine Courtois

<https://www.amazon.com/Healing-Incest-Wound-Survivors-Professional/dp/0393705471>

33.  The Apology, by Eve Ensler

<https://www.amazon.com/Apology-Eve-Ensler/dp/1635574382>

34.  The Obsidian Mirror, by Louise Wisechild

<https://www.amazon.com/dp/1497395321/?coliid=I33GHK7OVBOX8B&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

35.  The History of Childhood, by Lloyd Demause

<https://www.amazon.com/dp/0872262030/?coliid=I132P5YDDZZJ30&colid=18UFXWAWHZ5R8&psc=0&ref_=lv_ov_lig_dp_it>

36.  Pia Mellody's Books (Facing Codependence; Breaking Free, etc.)

[https://www.amazon.com/Pia-Mellody/e/B000APF00A%3Fref=dbs\_a\_mng\_rwt\_scns\_share](https://www.amazon.com/Pia-Mellody/e/B000APF00A%3Fref%3Ddbs_a_mng_rwt_scns_share)

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Faith-Based Books re: Childhood Sexual Abuse

1.  On The Threshold of Hope, by Diane Langberg (also has a workbook to go along with this)

<https://www.thriftbooks.com/w/on-the-threshold-of-hope-workbook_diane-langberg/10986446/#edition=10418627&idiq=15602273>

2. The Wounded Heart, by Dan Allender (also has a workbook to go with it)

<https://www.thriftbooks.com/w/the-wounded-heart-hope-for-adult-victims-of-childhood-sexual-abuse-by-dan-b-allender/249445/?resultid=991321fd-3235-434e-929d-cc0f4016873d#edition=5392490&idiq=4044331>

3. Healing the Wounded Heart, by Dan Allender (also has a workbook)

[https://www.amazon.com/gp/product/0801015685/ref=ppx\_yo\_dt\_b\_asin\_title\_o07\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/0801015685/ref%3Dppx_yo_dt_b_asin_title_o07_s00?ie=UTF8&psc=1)

4. Rid of My Disgrace, by Justin and Lindsey Holcomb

<https://www.thriftbooks.com/w/rid-of-my-disgrace-hope-and-healing-for-victims-of-sexual-assault_justin-s-holcomb_lindsey-a-holcomb/449436/?resultid=615bc0b1-bd19-4817-8e69-cfc45eedee43#edition=6378929&idiq=5691647>

5. Helping Victims of Sexual Abuse: A Sensitive, Biblical Guide for Counselors, by Lynn Heitritter

[https://www.amazon.com/gp/product/0764202286/ref=ppx\_yo\_dt\_b\_asin\_title\_o00\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/0764202286/ref%3Dppx_yo_dt_b_asin_title_o00_s00?ie=UTF8&psc=1)

6. In the Aftermath: Past the Pain of Childhood, by Beverly Moore

<https://www.thriftbooks.com/w/in-the-aftermath-past-the-pain-of-childhood-sexual-abuse_pamela-gannon_beverly-moore/14078632/?resultid=22298fc3-818f-453b-b379-45211e84f4b3#edition=14921379&idiq=19841039>

7. Sexual Abuse: Beauty for Ashes, by Robert Kelleman

[https://www.amazon.com/gp/product/1596384190/ref=ppx\_yo\_dt\_b\_asin\_title\_o06\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/1596384190/ref%3Dppx_yo_dt_b_asin_title_o06_s00?ie=UTF8&psc=1)

8. Incest Repressed: Faith and Healing, by Ann B.

[https://www.amazon.com/gp/product/1635259088/ref=ppx\_yo\_dt\_b\_asin\_title\_o08\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/1635259088/ref%3Dppx_yo_dt_b_asin_title_o08_s00?ie=UTF8&psc=1)

9. Counseling Survivors of Sexual Abuse, by Diane Langberg

[https://www.amazon.com/gp/product/1591605199/ref=ppx\_yo\_dt\_b\_asin\_title\_o07\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/1591605199/ref%3Dppx_yo_dt_b_asin_title_o07_s00?ie=UTF8&psc=1)

10. Door of Hope: Recognizing and Resolving the Pain of Your Past, by Jan Frank

<https://www.thriftbooks.com/w/a-door-of-hope_jan-frank/929395/?resultid=d70c36a2-c622-4e9c-8758-cfcbac4d71d3#edition=418901&idiq=2037163>

11. No Stones: Women Redeemed from Sexual Addiction, by Marnie Ferree (For those who were sexually abused as children and act it out as adults.)

<https://www.amazon.com/No-Stones-Redeemed-Sexual-Addiction/dp/083083740X>

12. The Long Journey Home: Understanding and Ministering to the Sexually Abused, by Andrew Schmutzer

[https://www.amazon.com/Long-Journey-Home-Andrew-Schmutzer/dp/1498256007/ref=sr\_1\_1?dchild=1&keywords=the+long+journey+home+understanding+and+ministering+to+the+sexually+abused&qid=1633636721&sr=8-1](https://www.amazon.com/Long-Journey-Home-Andrew-Schmutzer/dp/1498256007/ref%3Dsr_1_1?dchild=1&keywords=the+long+journey+home+understanding+and+ministering+to+the+sexually+abused&qid=1633636721&sr=8-1)

13. Hush: Moving from Silence to Healing After Childhood Sexual Abuse, by Nicole Bromley

<https://www.thriftbooks.com/w/hush-moving-from-silence-to-healing-after-childhood-sexual-abuse_nicole-braddock-bromley/324607/?resultid=910ada98-856b-4e1f-b2d0-18cbb17cb6fd#edition=4857760&idiq=4060365>

14. Beauty for Ashes, by Joyce Meyer

[https://www.amazon.com/Beauty-Ashes-Receiving-Emotional-Healing/dp/044669259X/ref=sr\_1\_1?dchild=1&keywords=beauty+for+ashes+joyce+meyer&qid=1633637033&s=books&sr=1-1](https://www.amazon.com/Beauty-Ashes-Receiving-Emotional-Healing/dp/044669259X/ref%3Dsr_1_1?dchild=1&keywords=beauty+for+ashes+joyce+meyer&qid=1633637033&s=books&sr=1-1)

15. Beyond Our Control: Restructering Your Life after Sexual Assault, by Leila Sommerfeld

<https://www.thriftbooks.com/w/beyond-our-control----rape_leila-rae-sommerfeld/736798/#edition=5815402&idiq=17932930>

16. Breathe: Finding Freedom to Thrive after Sexual Abuse, by Nicole Bromley

<https://www.thriftbooks.com/w/breathe-finding-freedom-to-thrive-in-relationships-after-childhood-sexual-abuse_nicole-braddock-bromley/475722/?resultid=1ac199bb-51d0-4c4c-b079-355e33009d9c#edition=5367751&idiq=4053834>

17. Soar (Workbook to Breathe and Hush), by Nicole Bromley

<https://www.thriftbooks.com/w/soar-a-companion-workbook-to-hush-for-personal-and-group-study_nicole-braddock-bromley/11280370/?resultid=3ba2d646-fe77-482b-9e85-7d09bde4c18d#edition=10778613&idiq=32107935>

18. Shelter in the Storm, by Cynthia Kubetin

[https://www.amazon.com/Shelter-Storm-Survivors-Sexual-Abuse/dp/1515030237/ref=msx\_wsirn\_v1\_1/131-8617851-6161942?pd\_rd\_w=TCC0m&pf\_rd\_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf\_rd\_r=SMBFE99TTNH5DDP9N5R6&pd\_rd\_r=1e1f967c-0a2c-4203-893a-7884fb80985f&pd\_rd\_wg=W2fnz&pd\_rd\_i=1515030237&psc=1](https://www.amazon.com/Shelter-Storm-Survivors-Sexual-Abuse/dp/1515030237/ref%3Dmsx_wsirn_v1_1/131-8617851-6161942?pd_rd_w=TCC0m&pf_rd_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf_rd_r=SMBFE99TTNH5DDP9N5R6&pd_rd_r=1e1f967c-0a2c-4203-893a-7884fb80985f&pd_rd_wg=W2fnz&pd_rd_i=1515030237&psc=1)

19.  Suffering and the Heart of God: How Trauma Destroys , by Diane Langberg

[https://www.amazon.com/Suffering-Heart-God-Destroys-Restores/dp/1942572026/ref=msx\_wsirn\_v1\_3/131-8617851-6161942?pd\_rd\_w=HQ09m&pf\_rd\_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf\_rd\_r=GDV7DTK1M9GY64S7VX7X&pd\_rd\_r=dc102694-49b8-47c3-8306-d6f46c16e498&pd\_rd\_wg=jRoJ2&pd\_rd\_i=1942572026&psc=1](https://www.amazon.com/Suffering-Heart-God-Destroys-Restores/dp/1942572026/ref%3Dmsx_wsirn_v1_3/131-8617851-6161942?pd_rd_w=HQ09m&pf_rd_p=edd207be-8a1c-4e1d-9856-c764818e859d&pf_rd_r=GDV7DTK1M9GY64S7VX7X&pd_rd_r=dc102694-49b8-47c3-8306-d6f46c16e498&pd_rd_wg=jRoJ2&pd_rd_i=1942572026&psc=1)

20.  Restoring the Shattered Self, by Heather Gingrich

<https://www.amazon.com/dp/0830827129/?coliid=I1XOKKK6R6KHGR&colid=MPMIQ92002MX&psc=0&ref_=lv_ov_lig_dp_it>

21.  Soaring Above the Ashes, by Emily Samuelson

<https://www.amazon.com/dp/0692925236/?coliid=I2FEGNV2XBPQ11&colid=MPMIQ92002MX&psc=0&ref_=lv_ov_lig_dp_it>

22.  Broken to Whole, by Seneca Schurbon

<https://www.amazon.com/dp/1912045664/?coliid=I30667D54X8BRZ&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it_im>

23.  Treasure in the Ashes, by Sue Nicewander

<https://www.amazon.com/dp/1633421392/?coliid=I3VUAJ6HT8KMI9&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

24.  Sexual Abuse: Healing Steps for Victims, by David Powlison

<https://www.amazon.com/dp/1935273787/?coliid=I1BJSNQZMB6R12&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

25.  Not Forsaken: A Story of Life After Abuse, by Jennifer Greenberg

<https://www.amazon.com/dp/1784984388/?coliid=I2OYYX5BKC3N5O&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

26.  We Too, by Mary DeMuth

[https://www.amazon.com/We-Too-Church-Respond-Redemptively/dp/0736979182/ref=pd\_bxgy\_img\_1/131-8617851-6161942?pd\_rd\_w=V6IZt&pf\_rd\_p=c64372fa-c41c-422e-990d-9e034f73989b&pf\_rd\_r=ND0X422AQRCFYRT95TDB&pd\_rd\_r=50fda8a8-8f34-468b-954a-489f704ed6d2&pd\_rd\_wg=gjiFV&pd\_rd\_i=0736979182&psc=1](https://www.amazon.com/We-Too-Church-Respond-Redemptively/dp/0736979182/ref%3Dpd_bxgy_img_1/131-8617851-6161942?pd_rd_w=V6IZt&pf_rd_p=c64372fa-c41c-422e-990d-9e034f73989b&pf_rd_r=ND0X422AQRCFYRT95TDB&pd_rd_r=50fda8a8-8f34-468b-954a-489f704ed6d2&pd_rd_wg=gjiFV&pd_rd_i=0736979182&psc=1)

27.  Renee Pitelli's Books (Breaking the Bonds of Adult Child Abuse; The Christian's Guide to No Contact; Forgiveness, Not Necessarily What You Think, etc.)

[https://www.amazon.com/Sister-Renee-Pittelli/e/B002G5BHP4%3Fref=dbs\_a\_mng\_rwt\_scns\_share](https://www.amazon.com/Sister-Renee-Pittelli/e/B002G5BHP4%3Fref%3Ddbs_a_mng_rwt_scns_share)

28.  Healing the Wounds of Trauma, by Dana Erganbright

<https://www.amazon.com/dp/1585167991/?coliid=I35DHFQVJ51GGX&colid=18UFXWAWHZ5R8&psc=1&ref_=lv_ov_lig_dp_it>

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